

Art-Reach Encore Artist Workshops

info@art-reach.org
art-reach.org

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Dance & Movement

Dawn States – Adaptive Dance and Movement

Transforming and Transposing Dance

Program Description: These classes cover the basic concepts of dancing as well as implementing some ballet movement and vocabulary for structure. Each class features a check-in, a warm-up, creative movement exercises such as choreography and explorative movement and a cool-down followed by a check-in. This workshop is designed so that participants leave with a basic understanding of movement vocabulary, elements to dance and more bodily awareness. It is also designed to leave room for participants to transpose and access movement in a way that feels safe and supportive of them and fosters their self-expression as participants in the arts.

Length of Program: 60-90 minutes

Cost: \$75

Laura Baehr – Dance and Movement

Dance Lab

Program Description: Dance takes many forms: a foot tap, an imagined performance to your favorite tune, or even bright, full choreography with a group of friends. Have your pick of what dance you'd like to share in this workshop built to make every participant feel like Fred Astaire. Art-Reach Members will go through a standard format dance class including breath work, meditation, warm up, center balance and choreography. Class will incorporate ballet, modern, rhythm, and voice work. Art-Reach Members will gain appreciation for dance through accessible movement meant to engage and inspire increased quality of life.

Recommended for ages 18+.

Length of Program: 60 minutes

Cost: \$125

Mamadele Productions – Dance and Music

Ologunde

Program Description: The US-based Ologunde ensemble celebrates the rich Afro-Brazilian culture of Salvador, Bahia through a diverse repertoire of music, dance and martial arts. The group performs a diverse repertoire which includes the rituals associated with candomblé, a synthesis of the Yoruba and Catholic religions in which various orixás (gods) are invoked and

the exhilarating samba de roda, which can be traced back to the semba of Angola. Its performances can be tailored to fit a specific venue or event.

Length of Program: 45-60 Minute

Venue Requirements: Electrical outlet, extension cord, water.

Cost: \$350

Recycled Sounds

Program Description: This performance and workshop program, by renowned percussionist Dendê Macêdo, uses instruments he made from found materials to deliver a message about protecting our environment through reuse and recycling. The obvious connection to sustainable practice was an element that he began to incorporate into his performances in order to be able to transmit an important message about our environment. The conduit for this message is a wacky performance on a bunch of wild looking instruments that make some interesting and distinctive sounds.

Length of Program: 45-60 minutes

Cost: \$250

Rachel Hoppenstein – Visual Art and Yoga instruction

Chair Yoga

Program Description: The body loves to move! Participants will be guided through movements waking up each joint, and increasing heart rate while seated. The session will include deep relaxing breathing, a yoga pose sequence tailored to those present (either completely seated) or if able, using the chair as a prop.

Length of Program: 45 minutes

Cost: \$25

Samantha Ambrico-Custer – Adaptive and Integrative Dance

Dance Beyond Boundaries

Program Description: Let's dance together! Please join us for an integrative dance/movement workshop for dancers of all ages, abilities, skillsets, and experiences. We will learn to express ourselves and explore our bodies in space through dance technique, improvisation, movement games, and by learning choreography.

Length of Program: 60 or 90 minutes

Venue Requirements: Access to water and extension cord. If possible, an open space with hard floors and a mirror is ideal.

Cost: \$65

Music

DARIA – Musician and Instrument Maker

Instrument Making Session

Program Description: Travel around the world in song, and create a wonderful working version of one world music instrument such as a shekere, guiro, ocean drum, monkey drum, rainstick, turtle rattle, Australian clapsticks (bilma) or didgeridoo. This workshop includes background on the instrument, creating the DIY instrument and playing it along with live music. What a wonderful way to explore world cultures!

Length of Program: 60-90 min

Maximum Number of Participants: 30

Cost: \$325

World Music For Children

Program Description: World Music children's performer DARIA (Daria Marmaluk-Hajioannou) has spent almost three decades performing in the USA and around the world, creating music to inspire all the world's children. Along with numerous national awards for her culturally diverse music, Daria's live show is fully interactive as she brings a variety of exciting world traditions to life, allowing children to become a part of the celebration and the fun of exploring world cultures. Daria's live presentation includes over 100 authentic instruments that the audience will learn about during the show.

Length of Program: 45-55 min

Cost: \$350

Intergenerational Music with DARIA

Program Description: Perfect for an audience of older adults or for an inter-generational event, DARIA's program shares best-loved songs from around the corner and around the world. During this show, she performs on guitar as well as washboard and spoons and shares many songs from her Grammy-nominated "Grandchildren's Delight" CD.

Length of Program: 45-60 min

Cost: \$325

Jake Leschinsky – Musician and Songwriter

The Sound of Philadelphia

Program Description: Jake shines a light on the legacy of Philadelphia music. From Chubby Checker to The Roots, and all points in between, the streets of Philadelphia tell a rich musical

story. This interactive class will provide participants with a brief history lesson and an interactive performance; all uniquely Philly.

Length of Program: 60 minutes

Venue Requirements: For in-person workshops, access to power outlet is needed.

Cost: \$350

Expressing Yourself Through Songwriting

Program Description: In this workshop, participants will have an opportunity to create their own song along with instructor, Jake Leschinsky! We'll discuss topics that are important in our lives and determine how we'd like to express these notions through music. Teamwork is key, as we'll be a "band" for the day!

Length of Program: 60 minutes

Maximum Number of Participants: 10

Cost: \$350

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Length of Program: 45-60 Minutes

Venue Requirements: Electrical outlet, extension cord, water.

Cost: \$350

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Length of Program: 45-60 minutes

Cost: \$250

Musicopia (Various Artists) – Music and Learning

Jazzin' it up with the Harp with Gloria Galante

Program Description: Gloria helps students discover the joy and beauty of music as they listen to the variety of wonderful sounds of the harp and are introduced to the history of this unique instrument. The harp is one of the most ancient of the stringed instruments. Remains of harps have been found in Egyptian tombs that are 6000 years old. The harp's beautiful sound and aesthetic triangular shape have captured people's imaginations for many centuries, and even today, the fascination lives on. Harp music has experienced resurgence in popularity in recent years. Reflecting this, harps are now regularly part of ensembles in traditions as widely varied as folk, early music, Renaissance, popular and jazz, as well as world and fusion styles.

Length of Program: 45-60 min.

Cost: \$325

Bucket Drumming with Leon Jordan

Program Description: Drummer Leon Jordan explores one of the most intuitive forms of music making: percussion. Spanning genres including jazz, Caribbean, traditional classical, and current pop, this highly interactive program presents many types of rhythms, techniques, percussion instruments, as well as historical and cultural contexts. This program gets audiences out of their seats and out of their comfort zones, and into the expansive and inspiring experience of bucket drumming and playing percussion.

Length of Program: 45-60 min.

Venue Requirements: A few chairs and an outlet

Cost: \$400

Tony Mascara – World Percussionist

World Drum Workshop

Program Description: Tony brings audiences an interactive show highlighting the many styles of drums and rhythms from around the globe. Participants will be given a brief history on how certain drums are made, their original purpose and reason for being created, and where the drums have migrated to in our musical world today. After each drum is demonstrated, a volunteer will play with the group while the rest of the participants will be lead to clap new rhythms, using dynamics and accents. The goal of these sessions is to make sure that everyone works together to create a percussion jam session that eventually winds down into quiet rhythms that fades to silence. A question and answer session is conducted at the end of each session.

Length of Program: 45-60 min.

Venue Requirements: Chairs arranged in a semi-circle

Cost: \$300

Theatre and Storytelling

Oni Lasana – Storyteller and Wellness

LOL 4 Real! with Oni

Program Description: Laugh Out Loud 4 Real is a gentle form of Hasyayoga, a practice involving voluntary laughter with deep breathing. Participants can sit in chairs or stand. No floor work is required. Laughter Yoga is based on the belief that voluntary laughter provides the same physiological and psychological benefits as spontaneous laughter. Laughter yoga is done in groups, with eye contact, movements, music, singing, and playfulness between participants without jokes or comedy. It is a great exercise to relieve stress for elementary school children up to seniors.

Length of Program: 1 hour

Cost: \$300

Oni Lasana, The Storyteller

Program Description: Oni Lasana, a vivacious storyteller who speaks to hearts, touches souls, lifts spirits and brings on the JOY! Allow Oni to create a unique personalized storytelling program for your clients and community.

Length of Program: 1 hour

Cost: \$275

Visual Arts

Averil Smith Barone – Watercolorist

Mini Masters Art History Workshop

Program Description: Mini Masters is a fun and educational exploration. From The Egyptians to Warhol (and everything in between) we share art history together with enthusiasm. Averil researches the chosen artist or painting but the audience has the freedom to express art through their own knowledge and experience. Art-Reach members will engage in a meaningful arts and cultural workshop and build appreciation for art. **This workshop is available as an in-person or virtual experience.**

Length of Program: 60 minutes

Maximum Number of Participants: 20 people

Cost: \$225

Watercolor Workshop

Program Description: Join Averil Smith Barone for her Watercolor Workshop and learn the many different techniques of this wonderful medium including: wet-in-wet, gradation, splatter, wax and sea sponge. Watercolor is a wonderful way to express yourself and Averil's workshops are welcoming and fun. Averil's Watercolor Workshop expands the knowledge of the medium of watercolor with the practice of techniques, as well as brings smiles and fun to the group. Averil's warm approach, clear instructions and visual aids help make a creative learning environment. **This workshop is available as an in-person or virtual experience.**

Length of Program: 90 minutes

Maximum Number of Participants: 10-15 people

Venue Requirements: Water access, tables, chairs

Cost: \$200

Lene Dronen - Recycled Art and Mixed Media

Recycled Art

Program Description: Give new life reusing ordinary materials we encounter everyday. Learn how to reuse materials creatively instead of disposing of them; fabric scraps, books, cardboard, plastic and other material. With this eco-friendly workshop there is no limit to what can be transformed into art! **This workshop is available in an in-person or virtual format.**

Length of Program: 90 minutes

Cost: \$225

Mixed Media Collage

Program Description: Through a variety of mixed media techniques such as texturizing, collaging, writing, mark making and acrylic applications, creative tearing and painting along with a short intro to collage work you will create an amazing art piece. Leave perfection out, and join us having fun experimenting! **This workshop is available for an in-person or virtual format.**

Length of Program: 90 minutes

Cost: \$225

Rachel Hoppenstein – Visual Artist and Yoga Instructor

Suminagashi: Japanese Paper Marbling

Program Description: Suminagashi is an ancient Japanese marbling technique of floating ink on the water's surface then capturing this pattern onto paper. Participants will learn the history behind the practice, watch a demonstration, and then make and print their own designs. Marbled paper can be folded to make cards. Even mistakes and challenges in dexterity produce gorgeous results in Suminagashi!

Length of Program: 60 minutes

Maximum Number of Participants: 10 people

Cost: \$25

The Clay Studio – Clay Mobile

The Claymobile One Day Workshop

Program Description: Claymobile sends a teaching artist and an assistant directly to a host site, bringing all of the supplies and materials necessary to conduct a ceramic art lesson. The teaching artist and assistant lead students through comprehensive lessons catered to age, ability, and classroom goals that teach students the basics of building with clay and focus on stimulating the creative imagination. Work is constructed at the site and then transported back to the Claymobile's studio for firing. The final art works will be delivered back to the site in 4 weeks. For virtual workshops, supply kits with air-dry clay are available to be mailed to clients ahead of time. **This workshop is available as an in-person or virtual experience.**

Length of Program: 90 minutes

Maximum Number of Participants: 20

Venue Requirements: We require enough tables and chairs for the number of participants. We also ask for access to water somewhere on site.

Cost: \$225

The Claymobile Residency Format

Program Description: This workshop is similar to the One-Day workshop, with options for varying lengths (typically 6 to 12 weeks). For the length of a residency we will work with the site every week at the same time and day for a 90-minute lesson. **This workshop is available as an in-person or virtual experience.**

Length of Program: 90 minutes

Maximum Number of Participants: 20

Venue Requirements: We require enough tables and chairs for the number of participants. We also ask for access to water somewhere on site.

Cost: \$225